

WHY NOT TRY ROWING THIS SUMMER!

JULY
25/26
AUGUST
29/30

WORCESTER
— Est. 1874 —
ROWING
JUNIORS

For boys & girls aged 13 to 18.
Led by WRC coaches.

9AM – 4PM **£5** PER DAY

To pre-register email, call or txt.

E: jsantese@googlemail.com • T: 07876 618666

THE DAY WILL INCLUDE:

Rowing with experienced juniors. Coaching on core rowing technique. Our Ergo challenge. Basic safety guidance. Introduction to a rowing boat.

- OVER 50 JUNIORS & GROWING
- NATIONAL RACES
- FRIENDS FOR LIFE
- SIX JUNIOR COACHES

CHOOSE
TO ROW
OR COX

NO EXPERIENCE NECESSARY



IF YOU ENJOY SPORT – JOIN WRC JUNIORS!

